

INTO THE MYSTIC

A Journey to the Soul of Ireland
County Kerry ♦ June 6-13, 2015

with

Dearbhla Kelly ♦ Dave Stringer ♦ Rónán Ó Snodaigh

Traditional Irish Music ♦ Seanachie Storytelling ♦ Céillí Dancing ♦ Yoga ♦ Kirtan

Join Irish yoga teacher and philosopher **Dearbhla Kelly**, American kirtan singer **Dave Stringer**, and Irish bodhrán player **Rónán Ó'Snodaigh** for a week of yoga, kirtan, Irish music, arts and culture in a spectacular setting surrounded by lush green fields and windswept Atlantic beaches.

Our accommodation, **Westcove House**, an historic mansion dating from 1740, is situated on an estuary just off the **Ring of Kerry**, the most scenic drive in Ireland. Arriving in Kerry airport June 6, you will transfer to Westcove House by coach and settle in for a week of yoga, kirtan, music jams, local sightseeing, storytelling and spontaneous craic. **The Irish spirit and hospitality are legendary.**

Come and enjoy!



Prices from €1800 Include: Seven nights accommodation at Westcove House in Kerry ♦ Return transport Kerry airport to Westcove
Seven morning satsangs (yoga, chanting, discussion on neuroscience and transcendent experiences)
Three evenings of kirtan & traditional Irish music jams ♦ One evening with local seanachie (traditional Irish storyteller)
Daytrip to Skellig Ring and (weather permitting) boat trip to Skellig Michael Island ♦ Afternoon excursion to Kenmare for shopping and dining
Afternoon trips to Staigue Stone Fort and Derrynane beach ♦ Evening traditional Irish music session at Blind Piper pub
Seven breakfasts (six continental, one full Irish) ♦ Six lunches at Westcove House ♦ Five dinners at Westcove House (including wine and appetizers)
Optional afternoon activities – horseback riding, fishing, cycling around Killarney Lakes, golf, windsurfing, waterskiing, sailing.
Pricing is exclusive of airfare, two evening meals, ferry to Skellig Michael Island and optional afternoon activities.

Registration and more info: durgayoga.com